



Ounce of Prevention Newsletter

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Message to Coalition Members:



Lindsay Bushnell

We would like to take a moment to welcome our newest intern from Keuka College. Lindsay is currently working towards her Bachelor of Science in Social Work with a Minor in Psychology. Lindsay will be with us from February 5th through the end of May and will be graduating this year. She will be attending a variety of meetings and working on a list of projects to assist her with her course study as well as with our mission, vision and goals.

COALITION WEBSITE & FACEBOOK PAGE

Don't forget to visit our Website and our Facebook Page and invite your friends to view and like our page as well.

<http://www.steubenpreventioncoalition.org>

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Norman McCumiskey
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Featured Member Statement:



(Kevin Grover, New York State Trooper)

By being in Law Enforcement, I see firsthand the negative effects addiction can have on youth. Often times, I see traits that started from the parents, which then transpires to their children. Being an active member of the Steuben Prevention Coalition, I see the positive impact that the group, as a whole, can make on youth at an early age and potentially stray them from choices they make; and can impact their future.

Recognition and Thank You Corner

A special thank you goes out to the Steuben County Sheriff's Office and all local and state law enforcement agencies who participated for partnering with the Coalition to perform Alcohol Sales Compliance Checks in Steuben County.

We would also like to recognize the many establishments in Steuben County who passed these recent Compliance Checks:

Congratulations and thank you to you and your employees for not allowing the sale of alcohol to minors:

Harash Stop & Shop – Bath
 Arrow Mart – Bath
 Kwik Fill (54) – Bath
 Kwik Fill (415) – Bath
 Qucklee's – Bath
 One Stop – Bath
 Hatfield's – Bath
 Lakeview – Bath
 Triple K – Bath
 Savona Mart – Savona
 Flying H – Savona
 Pilot – Kanona
 7-11 – Hornell
 Red Apple – Hornell
 Kwik Fill – N. Hornell
 Michael John's – Hornell
 7-11 – Arkport
 Rite Aide – Corning
 Walgreens – Corning
 Dandy Mini Mart – Corning
 Wegmans – Corning
 Byrne Dairy – Corning
 Fastrac – Corning
 Tops – Corning
 A & A Foodmart – Corning
 Citgo – Corning
 Dandy Mini Mart – S. Hamilton
 Sunoco – Corning
 Beartown Beverage - Corning



2018 Operation Prevention Video Challenge



Prescription opioid misuse and heroin use have reached epidemic levels. But you can change that. Students have the power to send a message to their peers about the dangers of prescription opioid misuse by creating a 30-60 second original Public Service Announcement. Grab your camera, recruit your friends, and submit your video for a chance to win \$10,000 and other great prizes. Help lead the change in schools!

The 2018 Operation Prevention Video Challenge is accepting entries through March 20th!

Check Out the Prizes

- **1st Place:** \$10,000
- **2nd Place:** \$5,000
- **3rd Place:** \$1,000
- **People's Choice prize:** A trip to Quantico, VA for an exclusive tour of DEA training.

1st-3rd place prizes provided by the DEA Educational Foundation. People's Choice prize provided by the DEA

Click on the link below for full details including challenge overview, challenge rules, FAQs, Challenge Checklist & Mandatory End Frame details:

<https://www.operationprevention.com/video-challenge>

Lights! Camera!

ACTION



A Student's View

Hello! My name is **Evan Czajkowski** and I am a junior at **Haverling High School**. I was asked to write this article for the newsletter so everyone could hear about drugs and alcohol from a student's perspective, so here we go. Both of these items are very prevalent not only in my community, but also in my school. There are many kids in my high school that drink alcohol and use drugs. Some flaunt it and discuss it openly while others do it in secret and only tell a few people. However they do it, everyone at school finds out and everyone knows who does what. Some will post about it on their social media accounts of just themselves or a handful of friends while some whole sports teams do it together. The number of students that do this is overwhelming. In my school, there are lots of kids that drink alcohol and think nothing of it. Personally, I feel as though alcohol is much easier to get a hold of versus marijuana so there are a lot more kids in high school that drink alcohol regularly. One day while I was walking down the hallway, I overheard three freshmen girls talking to one another and one said that on her birthday she was "going to get so hammered" and they kept talking about their drinking plans and habits. This disturbed me because these girls were only 14 years old and for no reason should they be drinking alcohol at such a young age. In some cases, players on sports teams have shown up to team functions high on marijuana and have brought alcohol in an average everyday water bottles. Some whole friend groups smoke marijuana together and they don't think that they are doing anything wrong. What is the reason for this and why do they feel the need to do this at such a young age? The long-term effects that will come along with this drug and alcohol use will be detrimental to their health. Although there are many teens that do drink alcohol and do use drugs, there are also many people that do not. Our community needs more people like them. Whether they are the shy and quiet kids or the outspoken leaders of their class, they will be the ones to go on and do great things in the community and in life. I myself do not do any of these things and I am so pleased and thankful that the friends I have chosen do not as well. We can pick and choose who we hang around with and who you choose has a huge impact on who you are as a person. One friend may alter how you act and change your whole personality, so I think that it is best to find the right people when you are younger so that way when you are older they don't get you involved and mixed up in bad things.

Annual Survey of Students Shows Marijuana Use Up Among Grades 8, 10 & 12 versus 2016; Virtually All Other Substances Decreasing

SAM – Smart Approaches to Marijuana
December 14, 2017

(December 14, 2017 - Alexandria, VA) - The Nation's annual survey of students reported today marijuana use among all grades was higher than last year, signaling that marijuana use is rising in a growing culture of acceptability. The survey also found that students in medical marijuana law states vaped marijuana at higher rates than students in other states, and consumed pot edibles (that can come in candies, sodas, or ice-creams) at double the rate than in non-medical marijuana law states. Virtually all other substances are at their lowest point in the history of the survey. The survey does not include youth who drop out of school.

"The marijuana industry is today's Big Tobacco. They are to blame for the fact that THC candies and vapes are becoming increasingly popular among young people at a time when almost every drug using behavior is steeply falling," said SAM President Kevin A. Sabet, Ph.D. "Almost every drug other than marijuana is going down. Without lax laws and the massive commercialization of pot, it is likely we would also see a decrease in marijuana use too. These numbers are a wake-up call for the public and elected officials."

Furthermore, the survey showed significantly fewer teens in school now disapprove of regular marijuana use, with 64.7 percent of 12th graders voicing disapproval, compared to 68.5 percent last year.

The survey also showed that daily marijuana use among 12th graders is at 5.9%, compared to a low of 1.9% in 1991. It is now more popular than daily cigarette use, which is down to 4.2% compared to its peak of 24.6% in 1997.

From Monitoring The Future (MTF):

Overall, 43,703 students from 360 public and private schools participated in this year's MTF survey. Since 1975, the survey has measured drug, alcohol, and cigarette use and related attitudes in 12th graders nationwide. Eighth and 10th graders were added to the survey in 1991. Survey participants generally report their drug use behaviors across three time periods: lifetime, past year, and past month. Questions are also asked about daily cigarette and marijuana use. NIDA has provided funding for the survey since its inception by a team of investigators at the University of Michigan at Ann Arbor, currently led by Dr. Richard Miech. MTF is funded under grant number DA001411. Additional information on the MTF Survey can be found at www.drugabuse.gov/drugpages/MTF.html.

The University of Michigan press release can be found at <http://monitoringthefuture.org>.

www.learnaboutsam.org



Upcoming Events:

Next Coalition Meeting
March 14, 2018
11:00 am – Steuben County Sheriff's Building

Addiction Awareness of Steuben County Community Opioid & Substance Abuse Forum
February 6, 2018
Addison High School
6:00 – 7:30 p.m.

Marijuana Town Hall Meeting
February 28, 2018
Hornell High School
7:00 – 8:30 p.m.

Prom & Graduation Safety Awareness Events Throughout Steuben County (March, April, May - TBD)



Save The Date
"Today's Marijuana ~ How it is Affecting Our Youth"
Town Hall Meeting

Wednesday, February 28th
Hornell High School Auditorium
134 Seneca Street, Hornell, NY 14843
7:00PM — 8:30PM

You will hear from Jennifer Faringer, MS.Ed, CPPg, Director, DePaul's National Council on Alcoholism and Drug Dependence-Rochester Area as the keynote speaker.

This is EVERYONE'S Community

Please join community leaders, community members, educators, service providers and law enforcement – ready to discuss the issue in our community and the resources available to combat marijuana's impact on our youth.

Sponsored by:
Steuben Prevention Coalition
Steuben County Task Force on Marijuana Prevention



MISSION:

To promote healthy and safe communities in Steuben County by reducing alcohol and drug use among our youth!

VISION:

To have a county where our youth are healthy and drug free!

Steuben County Underage Party & Drug Information Tip Line

Anyone with information relating to underage drinking such as parties, underage sales, etc. or information relating to illegal drugs, such as sales, dealers or other suspicious activities are encouraged to use the tip line.

The Tip Line will be monitored seven days a week, 24 hours a day. All call are anonymous.

Do your part to help make our communities safe for everyone.

1-844-378-4847