



## Ounce of Prevention Newsletter

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### Message to Coalition Members:



**Wishing everyone a very Happy New Year from the Steuben Prevention Coalition!**

### COALITION WEBSITE & FACEBOOK PAGE

Don't forget to visit our Website and our Facebook Page and invite your friends to view and like our page as well.

### Steuben Prevention Coalition

23 Liberty Street  
Bath, NY 14810  
(607) 776-8085  
(Temporary)

#### Website:

[www.steubenpreventioncoalition.org](http://www.steubenpreventioncoalition.org)

#### Email:

[steubenpreventioncoalition2017@gmail.com](mailto:steubenpreventioncoalition2017@gmail.com)

#### Staff:

Colleen Banik  
Program Coordinator  
[cbanik@dor.org](mailto:cbanik@dor.org)



We are asking all Coalition Members and Community Partners to let us know of any upcoming events, activities, public meetings, etc. that are or will be happening in your communities. Please contact us at the information provided.

[cbanik@dor.org](mailto:cbanik@dor.org)

## Pizza Box Prevention Message Project



The Steuben Prevention Coalition, together with the Steuben Council on Addictions coordinated the efforts of area youth, businesses, partners, volunteers and community members to get the message out that Social Hosting is illegal.



We would like to thank and recognize a couple more partners/businesses for their cooperation in allowing us to place “Parents Who Host Lose the Most” stickers on their carry out pizza boxes to assist us in getting our message out to the public:

### Big D’s of Bath

14 Liberty Street  
Bath, NY 14810  
(Efforts by Dan Chapman, Jim Bassage and Big D’s ownership)

### Fox’s Den of Campbell

8824 SR 415  
Campbell, NY 14821  
(Efforts by Kim Jessup, Cindy Buck and Junior Austin, ownership)

## New York Lawmakers Pre-file Eight Marijuana Bills For 2021 As State Pursues Legalization

### Marijuana Moment

December 30, 2020

New York lawmakers are speeding ahead with plans to reform the state’s marijuana laws in 2021, pre-filing eight bills so far to be considered in upcoming session.

And while these new measures each deal with reforming the state’s current medical cannabis program, they come amid a strong push from the governor and legislators to legalize marijuana for adult use next year.

As negotiations continue on that broader reform, seven cannabis bills have been preemptively introduced in the Assembly and one in the Senate. They touch on a wide range of topics—from tenants’ rights for medical cannabis patients to health insurance coverage for marijuana products.

Here’s a summary of what the New York marijuana bills would accomplish:

**A00040:** This legislation would require a study on how taxes and banking are managed for the medical cannabis market. A report would have to be submitted by January 16, 2022.

**A00127:** The bill would make a series of revisions to the state’s medical marijuana program. Its primary purpose is to expand who qualifies as a cannabis caretaker who can possess products on a patient’s behalf, adding “facility caregivers” to the list. That includes workers in hospitals, adult care facilities and mental health institutions.

**A00169:** Under this proposal, the definition of a “serious condition” that qualifies a patient for medical cannabis would be amended. Rather than list out specific eligible maladies, people could qualify for having any “condition, or symptom or complication of the condition or its treatment, for which, in the practitioner’s professional opinion and review of past treatments, the patient is likely to receive therapeutic or palliative benefit from primary or adjunctive treatment with medical use of medical marijuana.”

**A00184:** This measure would provide for the regulatory “normalizing” of organizations that are permitted to “produce, sell, deliver or distribute” cannabis.

**A00242:** If enacted, medical marijuana would be considered a “prescription drug” that’s eligible for health insurance coverage.

**A00413:** The bill would add dysmenorrhea, or pain linked to menstrual cramps, to the list of conditions that qualify patients for medical cannabis.

**A00531:** This would remove the “serious” designation as a requirement to qualify for medical marijuana. It also increase the amount of cannabis that a patient can purchase at one time from a 30- to 60-day supply. A medical marijuana research program, along with applicable licenses, would be created.

**S00183:** Patients could not be evicted from residential properties based solely on their certified use of medical cannabis under this proposal. The Senate approved similar legislation in June.

For the full article and more information, please visit the following link:

<https://www.marijuanamoment.net/new-york-lawmakers-prefile-eight-marijuana-bills-for-2021-as-state-pursues-legalization/>

## Commit to Medication Safety in 2021

Connie Terry  
Program Assistant  
Opioid Committee  
January 2021

The New Year offers all us an opportunity to re-charge, re-commit to old goals and create new ones. This year consider committing to medication safety in your home. According to the CDC, 82% of American adults take at least one medication and 29% take five or more. Adverse drug events account for 1.3 million emergency room visits each year. There are just three simple steps to keeping your medications safe.

Monitor your medications. Whether they are over the counter meds or prescription meds, check the expiration dates and check your supply often. Some prescription drugs, like opioids, ADHD meds and benzodiazepines are considered high risk for misuse. These are drugs you don't want to keep around if you are no longer using them.

Secure your medications. Make sure all your medications are out of children's reach and sight. Teach your children about medication safety. Make sure safety caps are always locked and consider getting a medication lockbox. They are available at pharmacies and online.

Dispose of unwanted and expired medications safely. Remove your personal information from the container and take it to a local pharmacy, emergency room or police station. Most will have a medication drop box available. You can also use an approved medication disposal packet, such as Dispose Rx or Deterra to render medications unusable and safe for the environment. Most communities also host medication take-back days in partnership with the DEA during the months of October and April.

By taking these three simple steps you are keeping your home, your family and your community safer. You are also taking steps to combat the national opioid epidemic.

## Underage Alcohol Consumption is Common in the United States

*Center for Disease Control*  
October 2020

Alcohol is the most commonly used substance among young people in the U.S. Data from several national surveys document the use of alcohol among young people.

The 2019 [Youth Risk Behavior Survey](#) found that among high school students, during the past 30 days

- 29% drank alcohol.
- 14% [binge drank](#).
- 5% of drivers drove after drinking alcohol.
- 17% rode with a driver who had been drinking alcohol.

Rates of current and binge drinking among high school students have generally been declining in recent decades. Although males historically had higher rates, in 2019, female high school students were more likely to drink alcohol and binge drink than male high school students.

Other national surveys find that

- 19% of young people aged 12 to 20 years [reportedexternal icon](#) drinking alcohol and 11% reported binge drinking in the past 30 days.
- 8% of 8th grade students and 29% of 12th grade students [reportedexternal icon](#) drinking alcohol during the past 30 days, and 4% of 8th grade students and 14% of 12th grade students reported binge drinking during the past two weeks.

### Underage Drinking is Dangerous

Youth who drink alcohol are more likely to experience

- School problems, such as higher rates of absences or lower grades.
- Social problems, such as fighting or lack of participation in youth activities.
- Legal problems, such as arrest for driving or physically hurting someone while drunk.
- Physical problems, such as hangovers or illnesses.
- Unwanted, unplanned, and unprotected sexual activity.
- Disruption of normal growth or sexual development.
- Physical and [sexual violence](#).
- Increased risk of [suicide](#) and homicide.
- Alcohol-related [motor vehicle crashes](#) and other unintentional injuries, such as burns, falls, or drowning.
- Memory problems.
- Misuse of other substances.
- Changes in brain development that may have life-long effects.
- Alcohol poisoning.

In general, the risk of youth experiencing these problems is greater for those who binge drink than for those who do not binge drink.

Early initiation of drinking is associated with development of an [alcohol use disorder](#) later in life.

For further information, please visit the following link:

<https://www.cdc.gov/alcohol/fact-sheets/underage-drinking.htm>

**Upcoming Events:**

**Next Coalition Meeting**

January 13, 2021

11:00 am – Steuben County Sheriff's Bldg., Bath, NY

**Currently will be held via Video Conference**

**Conference link information will be distributed prior to the meeting**

**Upcoming Coalition Meeting Presentations:**

Current scheduled presentations will be postponed until September and a re-evaluation of NY on PAUSE. Thank you all for your patience as we navigate through COVID19



[www.steubenpreventioncoalition.org](http://www.steubenpreventioncoalition.org)

**The Opioid Committee is looking for volunteer membership and help!**



Steuben Prevention Coalition (SPC) is a federal Drug Free Communities (DFC) grant funded program in Steuben County. The "Ounce of Prevention" Newsletter is a regular monthly update of activities of the Coalition relative to alcohol, marijuana and other drug use and abuse prevention.

For more information or to be removed from the newsletter mailing list, please contact Colleen Banik, Program Coordinator at [cbanik@dor.org](mailto:cbanik@dor.org) or at (607) 776-8085 (temporary number as of 1/2021).

**Steuben County Underage Party & Drug Information Tip Line**

Anyone with information relating to underage drinking such as parties, underage sales, etc. or information relating to illegal drugs, such as sales, dealers or other suspicious activities are encouraged to use the tip line.

**The Tip Line will be monitored seven days a week, 24 hours a day. All call are anonymous.**

**Do your part to help make our communities safe for everyone.**

**1-844-378-4847**

**MISSION:**

To promote healthy and safe communities in Steuben County by reducing alcohol and drug use among our youth!

**VISION:**

To have a county where our youth are healthy and drug free!