



Ounce of Prevention Newsletter

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Message to Coalition Members:



Save The Date "A Community Conversation" Town Hall Meeting

Wednesday, September 27th
Bath-Haverling Central School
25 Ellas Avenue, Bath, NY 14810
6:00PM — 7:30PM

You will hear from Kami Wakim, RA - University of Rochester Neuroscience Program, relative to the effects of alcohol on the young developing brain.

This is EVERYONE'S Community

Please join community leaders, community members, educators, service providers and law enforcement – ready to discuss the issue in our community and the resources available to combat underage drinking.

COALITION WEBSITE & FACEBOOK PAGE

Don't forget to visit our Website and our Facebook Page and invite your friends to view and like our page as well.

<http://www.steubenpreventioncoalition.org>

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Member Recognition

We would like to take a moment to thank Coalition Member and Steering Committee Vice Chairman, Doug Wyant for his dedication and commitment to the Steuben Prevention Coalition over the last 5 years. Doug has been a great asset to our membership and we look forward to many more years.



Article: Legal Marijuana Leads to More Car Crashes, Study Says

*The Highway Loss Data Institute
National Institute on Drug Abuse*

Marijuana is the illicit drug found most frequently in the blood of drivers who have been involved in car collisions.

An insurance research group, **The Highway Loss Data Institute**, recently released a study linking car crash claims to legalized recreational marijuana.

The study results state that collision claims in Colorado, Washington, and Oregon increased by almost three percent in the years since legal recreational marijuana sales began.

In 2017, marijuana is legalized for recreational use in Washington, Oregon, California, Nevada, Colorado, Maine, Massachusetts and Alaska. According to the **National Institute on Drug Abuse**, the short-term effects of marijuana use include:

- Altered senses (for example, seeing brighter colors)
- Altered sense of time
- Changes in mood
- Impaired body movement
- Difficulty with thinking and problem-solving
- Impaired memory

The study examined vehicle collision claims from January 2012 to October 2016. The insurance industry has been keeping an eye on claims after auto accidents began to increase in 2013 after a steady decline in previous years. Several possible factors contribute to the increase, including distracted driving due to cell phone use, road construction, and the legalization of marijuana.

The study is the first to isolate marijuana use and car collisions. "We believe that the data is saying that crash risk has increased in these states and those crash risks are associated with the legalization of marijuana," said Matt Moore, senior vice president with the Highway Loss Data Institute.



Drinking Dangers During the Summer

Summer is a time when many of us want to celebrate. Winter is over with. With more daylight hours of bright sun, the beach beckons. There are graduation parties, Fourth of July barbecues, and any-reason-at-all parties to attend. It's a great time to get together with friends, enjoy the long days and have a good time. Unfortunately, a lot of these celebrations involve alcohol and all the dangers associated with it. Stay safe this summer and consider partying alcohol-free. If you are going to indulge, do so responsibly and safely.

Alcohol and The Heat

Many of the best summer parties are outdoor barbecues and picnics. Being outside while temperatures are high and the sun is shining can be a health hazard even without alcohol. Without proper precautions you may suffer from heat stroke, sunburn or dehydration. Alcohol can worsen these conditions and speed their onset.

Alcohol and The Water

What would a summer party be without a pool, lake or ocean-side beach? If you're drinking near or on the water, the risk of harm is great. In fact, [one out of every two deaths](#) that occurs during water recreation is related to alcohol. While many people take drinking and driving very seriously, not everyone considers drinking and boating to be an issue. An intoxicated boat operator can cause terrible damage from accidents. Passengers drinking on boats may lose balance and fall overboard. There are also the same hazards that involve drinking and being exposed to heat and the sun. On a boat it may not be possible to get drinkable water to stay hydrated, or to find relief from heat and sun. If you'll be out on a boat, it's best to refrain from drinking at all. If there will be drinking, bring along plenty of water, sunscreen and light clothing. Never let the operator of a boat drink.

Parties and Binge Drinking

Most people have lots of parties to attend over the summer, which gives ample opportunities to drink too much. When you're having fun at a party it can be easy to forget how much you have had. Women should not have more than four drinks at once, or men more than five. Drinking more is considered [binge drinking](#) and is particularly dangerous. Bingeing can lead to car accidents, assaults and fights, unplanned pregnancies, increased blood pressure, heart disease and other serious problems. Binge drinking can turn a fun party into a nightmare. Always keep track of what you are drinking at parties and set a limit. Drink one non-alcoholic beverage in between every alcoholic drink to keep yourself from getting out of control. It also helps to have a friend or partner monitor your intake and warn you if you are close to drinking too much.

Have a Safe Summer

Summer is a season full of sun and fun, and plenty of parties. Make the most of your summer vacation without an alcohol-related tragedy. Be careful, be aware of how much you and others drink and stay hydrated so that you can expect to enjoy your summer safely.

An Elements Behavioral Health Guide to Drug Rehab
www.drugrehab.us



Article: Two Fentanyl Strains May be Immune to Naloxone: Georgia Officials Say

*Partnership for Drug-Free Kids
June 29, 2017*

Law enforcement officials in Georgia have identified two new strains of the highly potent opioid fentanyl that may be immune to the opioid overdose antidote naloxone, [The Atlanta Journal-Constitution](#) reports.

The strains, called acrylfentanyl and tetrahydrofuran fentanyl, were identified by the Georgia Bureau of Investigation (GBI) in March. "It is unknown how the human body will react to both drugs since they are not intended for human or veterinary use," GBI said in a [news release](#). "They both can be absorbed through the skin and are considered highly dangerous." Acrylfentanyl was banned in Georgia in April.

Overdose Deaths From Fentanyl are on the Rise: What You Should Know

The [Centers for Disease Control and Prevention](#) (CDC) stated that 33,091 people died from opioid overdoses in 2015, which accounts for 63 percent of all drug overdose deaths in the same year. A recent report from the CDC found that drug deaths from [fentanyl](#) and other synthetic opioids, other than methadone, rose 72 percent in just one year, from 2014 to 2015.



Training for Intervention Procedures (TIPS)

On June 27, 2017, the Steuben Prevention Coalition held a certified TIPS Training event for Railhead Brewing Company and Brute Wine Bar. Upcoming trainings to be held in the Corning area for several groups associated with Finger Lakes Tourism industry.

TIPS is a skills-based training program designed to prevent intoxication, underage drinking and drunk driving. By building on individuals' fundamental "people skills" TIPS provides the knowledge and confidence they need to recognize potential alcohol-related problems and how to effectively intervene to prevent alcohol-related tragedies.

When you serve or sell alcohol, you know the risks:

- Risk lawsuits if you overserve
- Risk lives if you serve a drunk driver
- Risk your livelihood if you sell to a minor

Using TIPS brings immediate payback through lowered risk and a safer, more effective work environment. With TIPS you gain valuable competitive advantages such as:

- Lower insurance premiums
- Reduced exposure to alcohol liability lawsuits
- Decreased penalties for alcohol violations
- Safer communities
- Improve customer service

The focus of TIPS Training is responsible consumption, whether at a bar, restaurant, ballpark concession, hotel or university. Participants leave TIPS training prepared to:

- Recognize signs of intoxication
- Spot underage drinkers and prevent sales to minors
- Intervene quickly and assuredly in potential problem situations
- Understand the difference between people enjoying themselves and those getting into trouble with alcohol
- Handle alcohol-related situations with greater confidence
- Use proven strategies to prevent alcohol-related problems

Steuben Prevention Coalition has a certified TIPS Trainer on staff and training courses are held annually.



Steuben County Underage Party & Drug Information Tip Line

Anyone with information relating to underage drinking such as parties, underage sales, etc. or information relating to illegal drugs, such as sales, dealers or other suspicious activities are encouraged to use the tip line.

**The Tip Line will be monitored seven days a week, 24 hours a day.
All call are anonymous.**

Do your part to help make our communities safe for everyone.

1-844-378-4847

Upcoming Events:

Next Coalition Meeting
September 13, 2017
11:00 am – Steuben County Sheriff's Building

Strong Kids/Safe Kids Event
Haverling High School Gym
September 16, 2017
1:00 – 4:00 p.m.

Underage Drinking Task Force
"A Community Conversation"
Town Hall Meeting
September 27, 2017
Haverling High School
6:00 – 7:30 p.m.

Community Drug Forum
Corning Event
TBD

VISIT OUR WEBSITE
www.steubenpreventioncoalition.org



MISSION:

To promote healthy and safe communities in Steuben County by reducing alcohol and drug use among youths!

Drug Impairment Training for Educational Professionals (DITEP)

The Steuben Prevention Coalition held DITEP Training on July 5th and 6th at the Steuben County Sheriff's office with approximately 35 people in attendance.

The Drug Impairment Training for Educational Professionals (DITEP) program was developed by the International Association of Chiefs of Police (IACP) and the National Highway Traffic Safety Association (NHTSA) as a result of a 2003 National Survey on Drug Use and Health (NSDUH). The survey was conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA), and indicated that an estimated 19.5 million Americans (8.2% of the population aged 12 or older) had used an illicit drug during the previous month. Drug abuse, whether it involves controlled substances or the misuse of prescription drugs, has permeated almost every level of society to some degree.

This training is intended to provide school administrators and nurses with a systematic approach to recognizing and evaluating individuals in the academic environment who are abusing and impaired by drugs, both legal and illegal, in order to provide early recognition and intervention. DITEP is derived from the national Drug Evaluation and Classification (DEC) Program, a successful law enforcement procedure used to detect drug and alcohol impaired drivers. The methods employed in this training are based on medical and scientific facts. The information is supported by research conducted in both laboratory and field studies. The DEC Program was validated in laboratory by studies conducted at the Johns Hopkins University, and in the field by the Southern California Research Institute.

The training will enable attendees to determine, first, whether or not the student is impaired. If it is determined that there is impairment, they will be able to determine whether the impairment is due to a medical problem or is drug related. And finally, if the impairment is drug related, through proven diagnostic procedures, what category or categories of drugs that are likely causing the observed impairment.

By providing training to school officials and health care professionals, DITEP enables schools to employ an aggressive evaluation and detection program that will cause drug usage in schools to decline. Consequently, not only will the disruption caused by those abusing drugs be decreased, but also the incidence of those individuals driving to and from schools while impaired by either alcohol or drugs will also be greatly reduced, making our communities and schools a safer place for all. There are two options for DITEP training, either an 8 or 16 hour course.

NEW YORK STATE DRUG EVALUATION & CLASSIFICATION PROGRAM

DRUG RECOGNITION EXPERT

The training is led by NYS Drug Recognition Experts (DRE) from your local region.
(Photo: NYS Trooper Lee Wigmore, DRE Expert 2016 Class)

