



Ounce of Prevention Newsletter

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Message to Coalition Members:



If you or someone you know is struggling with gambling addiction, please contact Steuben Council on Addictions at (607) 776-6441 for more information, screening or for a referral.

You can also visit www.nyproblemgambling.org for more resources and information regarding gambling and gambling addictions.

COALITION WEBSITE & FACEBOOK PAGE

Don't forget to visit our Website and our Facebook Page and invite your friends to view and like our page as well.

<http://www.steubenpreventioncoalition.org>

Steuben Prevention Coalition
8 East Morris Street
Bath, NY 14810
(607) 776-6441

Website:
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Email:
steubenpreventioncoalition2017@gmail.com

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Colleen Banik
Program Coordinator
cbanik@dor.org

What's Happening

Community Events

We are asking all Coalition Members and Community Partners to let us know of any upcoming events, activities, public meetings, etc. that are or will be happening in your communities. Please contact us at the information provided.

cbanik@dor.org

**Calling All
Schools/Students
Please consider
participating!**



National Drug and Alcohol Facts Week® (NDAFW) is a health observance week for teens that aims to SHATTER THE MYTHS® about drug and alcohol use.

The DEA supports the National Institute on Drug Abuse (NIDA) and the National Institute on Alcohol Abuse and Alcoholism (NIAAA) during their annual National Drug and Alcohol Facts Week (NDAFW.)

NDAFW brings teens and scientific experts together to discuss the scientific facts about drugs, as well as their potential health effects on teen bodies and brains. Events are held around the country, with registrants getting free science-based materials designed for young people. During the week, scientists and science writers answer questions from teens around the country during a live web chat called [National Drugs and Alcohol Chat Day](#).

NIDA and NIAAA are parts of the National Institutes of Health, the nation's premiere biomedical government research agency.

For more information, see <https://teens.drugabuse.gov/national-drug-alcohol-facts-week>

REMINDER: If you decide to participate in the National Drug and Alcohol Facts Week or even just the National Drugs and Alcohol Chat Day on April 1st – **PLEASE LET US KNOW.**



Opportunity Available

The Steuben Prevention Coalition has an opening available for an individual looking to join our team.

Clerical Assistant DFC – Steuben Prevention Coalition

CLERICAL ASSISTANT

Substance Free Living/Prevention Bath, NY Part-Time
(17-21 hours a week)

PRIMARY FUNCTION: The clerical assistant will assist the Program Coordinator with daily operations of the Steuben Prevention Coalition whole purpose is to strengthen collaboration and increase capacity building among communities and reduce substance abuse among youth.

For a full job description and/or if you are interested in a position, please contact Jackie Andersen at jacqueline.andersen@dor.org to discuss next steps.

<https://www.catholiccharitiessteuben.org/join-our-team/>





To the Editor,

Underage gambling is a growing concern in New York state.

The explosion of internet gambling and gaming opportunities — combined with the inescapable advertising and marketing of gaming and gambling everywhere from television to the corner store — relentlessly expose our children to enticing messages of winning, risk-taking and excitement from a very early age.

Alarming statistics reveal that almost 40 percent of youth ages 12-17 have gambled this past year with in-game items or real money, and 30 percent of these youth state that they began gambling at age 10 or younger.

Youth who gamble are more likely to get lower grades, use tobacco and illegal drugs, get into fights, have mental health issues and become involved in crime. And studies show the earlier a child starts gambling, the more likely they are to have problems due to gambling later in life.

Parents of children as young as six years old can reduce the risk of their kids ending up with a gambling problem by talking with them about gambling. Start by asking questions — and listening. And, help them figure out sensible alternatives to gambling.

To learn helpful tips and view brief educational videos showing real-life scenarios of parents speaking with their children about the possible serious consequences of their gaming and gambling activities, please visit Talk2Kids.org.

Sincerely,

Jenna Hotaling
Team Leader
Finger Lakes Problem Gambling
Resource Center

Coalitions in Action Steuben Prevention Coalition Uses CADCA's Seven Strategies to Change Their Community

“The Steuben Prevention Coalition was formed in 1991,” said DFC Program Coordinator Colleen Banik. “In 2009 the coalition applied for and received the Mentee/Mentor Grant and then applied for and received the Drug Free Communities Grant in 2013. Our community is challenged by disproportionately high levels of youth usage of alcohol and marijuana and favorable youth and adult attitudes about its use. However, the coalition's most significant obstacle is geographic distance. Our coalition is responsible for covering a rural agricultural county the size of Rhode Island with 13 individual school districts and a population of 97,361.”

“After receiving grant funding through the Community Foundation - Edith Saxton Grant, the coalition enlisted the help of our youth coalition leader Evan Czajkowski and the Dana Lyons Girls Group to identify needs in the village/town of Bath,” said Banik. “This group identified the need for “Drug Free Zone” signs in four parks/playgrounds in this specific area. These students arranged meetings with local officials to discuss their proposal and ultimately presented to the town’s Board of Trustees. During this time period and engagement with local officials, two additional parks/playgrounds were identified for a total of six.”

“This project allowed us to utilize CADCA’s Seven Strategies for Community Change by providing information and enhancing skills through equipping youth to present their message to local officials,” said Banik. “We also provided support for youth throughout the process and enhanced access/reduced barriers by making common areas safer for our community members. We changed consequences by decreasing the probability of substance use in these locations, changed the physical design of the environment by implementing permanent signage, and modified/changed policies by engaging local policy makers, zoning officials, law enforcement and village & town councils in outreach campaign and approval for sign placement.”

“We are proud of the fact that we are a lesson in sustainability at work,” said Banik. “We did not receive our DFC funding for year six for 2018 - 2019, but through our coalition’s sustainability efforts with our community partners, we were able to secure funding with the county legislature and our DFC fiscal agent to continue our efforts until we could apply again in 2019 - 2020. We have since received our year six DFC funding, however the partnerships that provided funding to maintain the coalition specifically for the gap year have now provided funding to sustain an opioid and vaping specific committee through the coalition for 2020, as the DFC only covers our challenges with youth alcohol and marijuana use.”

“My advice to other coalitions struggling with some of the same issues is to never give up,” said Banik. “Continue to engage your volunteer members, school districts, partnership agencies and most importantly, your youth.”



<https://www.cadca.org/resources/coalitions-action-steuben-prevention-coalition-uses-cadcas-seven-strategies-change-their>

Upcoming Events:

Next Coalition Meeting

March 11, 2020

11:00 am – Steuben County Sheriff's Bldg., Bath, NY

Stand Up for Recovery Day

March 13, 2020 – 10:00 a.m.

Steuben County Bldg – Atrium

Upcoming Coalition Meeting Presentations:

March 11th – Kelli Keck of Epiphany Community Services to present on Coalition Grant Expectations, Action Planning & Capacity

May 13th – Jenna Houghtaling of Finger Lakes Problem Gambling Resource Center and Darlene Smith of Steuben County Public Health to present on OD Mapping



Pressing Facts from NIH's Monitoring the Future Survey

Coalitions Online (CADCA)
December 19, 2019

New Data Released from Monitoring the Future Study

Each year, the National Institute of Health (NIH)'s Monitoring the Future survey measures drug and alcohol use and related attitudes among students in grades 8, 10 and 12 nationwide. **Dr. Nora Volkow**, Director of the NIH's National Institute on Drug Abuse, examines how this year's results show that [teen marijuana vaping is on the rise](#), with more than 20% of high school seniors reporting that they have vaped marijuana in the past year. The past 30-day use for seniors vaping marijuana also increased from 7.5% to 14%, representing the second largest one-year increase in any drug use that has ever been recorded in the 45-year history of the MTF survey.

The survey also showed a continuing decline in most kinds of drug use among teens, including use and misuse of [prescription opioids](#), [cigarette smoking](#) and [alcohol](#) use.

For a full breakdown of the survey's results, visit the [NIH website](#).



MISSION:

To promote healthy and safe communities in Steuben County by reducing alcohol and drug use among our youth!

VISION:

To have a county where our youth are healthy and drug free!

Steuben County Underage Party & Drug Information Tip Line

Anyone with information relating to underage drinking such as parties, underage sales, etc. or information relating to illegal drugs, such as sales, dealers or other suspicious activities are encouraged to use the tip line.

The Tip Line will be monitored seven days a week, 24 hours a day. All call are anonymous.

Do your part to help make our communities safe for everyone.

1-844-378-4847