



# Ounce of Prevention Newsletter

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### Message to Coalition Members:

We are still looking for funding/donations for the 2019 Youth Action Forum. Thanks to the efforts of Lisa Oliver, Brooks Baker, Stephanie Gerych, Amanda Chafee, Jim Bassage, John Carbone of Main Place in Hornell and Bill Caudill we are almost there.



### COALITION WEBSITE & FACEBOOK PAGE

Don't forget to visit our Website and our Facebook Page and invite your friends to view and like our page as well.

<http://www.steubenpreventioncoalition.org>

**Steuben Prevention Coalition**  
8 East Morris Street  
Bath, NY 14810  
(607) 776-6441

### Website:

[www.steubenpreventioncoalition.org](http://www.steubenpreventioncoalition.org)

### Email:

[steubenpreventioncoalition2017@gmail.com](mailto:steubenpreventioncoalition2017@gmail.com)

### Staff:

Colleen Banik  
Program Coordinator  
[cbanik@dor.org](mailto:cbanik@dor.org)

### Get Connected & Get HELP

2-1-1 Teen Helpline  
Call 2-1-1 or 1-800-346-2211  
Text your ZIP Code to 898211  
Chat from 211 [helpline.org/teen-chat](http://helpline.org/teen-chat)



2-1-1 Teen HELPLINE is a service of the Institute for Human Services, Inc.

### Recent Coalition Activities

The Steuben Prevention Coalition had the opportunity to present to the Corning City Council on May 6, 2019 in support of a resolution in opposition to the legalization of Marijuana in NYS.

We were also invited by Steuben County Legislator Mike Hanna to come and speak to the Urbana Town Board on May 21, 2019 about the Coalition and what we do. This led to a discussion to follow Corning City Council and introduce a resolution in opposition to the legalization of Marijuana in NYS.

Susan Hooker hosted our Hornell Youth Café Conversation at Hornell Concern for Youth on May 31, 2019 serving approximately 40 youth.



The Haverling Girls Group with Evan Czajkowski, Student Leader presented to the Bath Town & Village on May 20, 2019 in an effort to have Drug Free Zone Signs installed in 4 identified parks/playgrounds in Bath. Out of this presentation additional locations were established.



Prom & Graduation Safety Awareness Events coordinated by the Steuben County Sheriff's Office and STOP DWI NY were held in Bath, Hornell and Wayland-Cohocton School Districts.

### Mid – Year Coalition Recognition!

We would like to extend a very special thank you to our active Coalition members who have gone over and above meeting attendance! This participation is greatly needed in order for the Coalition to remain sustainable.

**Pam Aini** – Prom/Grad Safety Awareness Event Coordination

**Dean Swan** – Prom/Grad Safety Awareness Event Participation and Youth Retreat Presentation

**Brooks Baker** – Youth Action Forum Donation and Prom/Graduation Safety Awareness Event Participation

**Hilda Lando** – “A LITTLE OF EVERYTHING” Funding Solicitation – Event Participation – Legislative Networking

**Susan Hooker** – Youth Café Conversation Hosting – UAD Task Force Table Tent Creation – TIPS Training Solicitation

**Lisa Oliver** – Youth Café Conversation Participation – Youth Recruitment – Funding Solicitation – Sticker Shock Coordination

**Doug Jones** – APS Survey Analyzing & Data Report Creation

**Mike Foster** – Town Hall Meeting Participation and Speaking

**Kyle King** – “A LITTLE OF EVERYTHING” – Research - Printing – Project Creations, Event Participation, Coalition Networking

**Bill Rosettie** – Researching

**Samantha White** – Retreat Participation – Coalition Networking

**Hillary Anderson** – Training Opportunities – APS Survey Creation, Distribution and Analyzing – Coalition Networking

**Jim Allard** – Event Speaking

**Krystle Blencowe** – School Dist. Networking & Coalition Networking

**Heidi Burns** – PSA Contest Class Participation – Sticker Shock




**Hank Chapman** – Legislative Networking

**Bill Caudill** – Youth Funding Assistance

**Paul Shephard** – Youth Café Conversation Participation – Youth PSA Creation



#### Trophy High Members

-  **Hilda Lando**
-  **Kyle King**
-  **Susan Hooker**
-  **Lisa Oliver**

### 2019 Alcohol Poster Contest Winners

The Steuben Prevention Coalition's Underage Drinking Task Force once again sponsored a countywide alcohol poster contest for youth in grades 5, 6 & 7. This was done during the month of April to promote National Alcohol Awareness Month. The youth were asked to develop posters that would provide anti-drinking messages to their peers. Prizes were awarded to first, second and third place.



1<sup>st</sup> Prize – Tristen Carney  
Jasper-Troupsburg – 6<sup>th</sup> Grade

2<sup>nd</sup> Prize – Kaitlin Dewert  
Jasper-Troupsburg – 6<sup>th</sup> Grade

3<sup>rd</sup> Prize – Alyssa Smith  
Bath-Haverling – 7<sup>th</sup> Grade

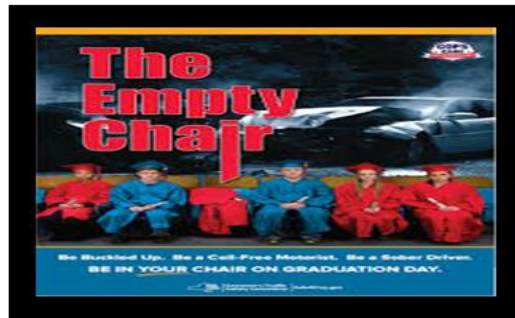


**THANK YOU**  
SAY2 – Trophy Donations  
Christine's Upholstery – T-shirt  
Creation & Funding Assistance



### HAPPY GRADUATION – CLASS OF 2019

Be in your chair on Graduation Day



#### Graduation Safety Tips for Parents:

1. Require adult supervision at every celebration your child attends.
2. Know who will be driving your child to and from the party.
3. Remind your children that, under any circumstance, you will be there to pick them up or help them.
4. Ask questions and keep in contact with your child while they are out.
5. Set a curfew and give your child rules that they must follow.

#### Graduation Safety Tips for Graduates:

1. Never drink and drive or get in the car with anyone under the influence.
2. Remember you can always say “no” and do not have to do anything you do not want to do.
3. Be responsible.
4. Watch out for your friends and have them do the same for you.
5. Never be afraid to call your parents or a trusted adult.



**Upcoming Events:**

**Next Coalition Meeting  
July 10, 2019**

**11:00 am – Steuben County Sheriff's**

Legislative Town Hall Meeting  
Town of Pulteney – Town Hall  
June 12, 2019  
7:00 – 8:00

Drug Free Zone Park Sign  
Installation Events  
(TBD)

Youth Led Café Conversations  
in Corning  
(TBD)

Youth Action Forum  
Bath-Haverling High School  
September 24, 2019  
(Schedule – TBD)

Underage Drinking Task Force  
Town Hall Meeting  
(Fall 2019 – TBD)



**Steuben Prevention Coalition forms Opioid Committee**

**What Are They?**

Also called narcotics, opioids are a kind of pain medication your doctor may give you after an accident or surgery, or as treatment for a chronic disease like arthritis. Most are made from the opium plant, but some (called synthetic opioids) are made in a lab. Either way, they affect the reward center of your brain and boost your levels of certain brain chemicals that block pain, slow your breathing, and generally make you feel calm.



**Types:**

Opioids have different strengths, and some are legal and some aren't. Examples include:

- Codeine
- Meperidine (Demerol)
- Oxycodone (OxyContin)
- Oxycodone and acetaminophen (Percocet)
- Fentanyl
- Hydrocodone and acetaminophen (Lortab, Norco, Vicodin)
- Methadone
- Morphine
- Heroin

**For more information visit the link below:**

[https://www.webmd.com/pain-management/ss/slideshow-opioids?ecd=wnl\\_spr\\_043018&ctr=wnl-spr-043018\\_nsl-ld-stry\\_1&mb=D4GHZrFeBMWgnyn3B9cpBxXFE73IOXlc5XoX4riZLfY](https://www.webmd.com/pain-management/ss/slideshow-opioids?ecd=wnl_spr_043018&ctr=wnl-spr-043018_nsl-ld-stry_1&mb=D4GHZrFeBMWgnyn3B9cpBxXFE73IOXlc5XoX4riZLfY)



**MISSION:**

To promote healthy and safe communities in Steuben County by reducing alcohol and drug use among our youth!

**VISION:**

To have a county where our youth are healthy and drug free!

**Steuben County Underage Party & Drug Information Tip Line**

Anyone with information relating to underage drinking such as parties, underage sales, etc. or information relating to illegal drugs, such as sales, dealers or other suspicious activities are encouraged to use the tip line.

**The Tip Line will be monitored seven days a week, 24 hours a day. All call are anonymous.**

**Do your part to help make our communities safe for everyone.**

**1-844-378-4847**